

OPPORTUNITIES FOR ACTION

1. Talk to your friends & family

There's a LOT of misinformation about e-cigarettes out there, so educate yourself and share what you learn with your friends and family, so you can all make well-informed decisions and stay healthy.

2. Talk to your landlord

Talk to your landlord or apartment manager about making your apartment complex smoke-free if it isn't already, or about including restrictions on e-cigarettes in their existing smoke-free policy.

3. Follow Saving Lungs Saving Lives online!

Learn more about who we are, what we're doing, and where we're going next. Follow us to get up to date info on e-cigarettes and tobacco prevention and to get in on contests and giveaways!

4. Visit breathefree.ucdavis.edu

UC Davis' smoke and tobacco-free campus policy is turning one year old this January! Check out UCD's Breathe Free website to learn more about the policy and share how YOU think it should be enforced on campus.

5. Join the Clean Air Coalition or SLSL

Make an impact on your campus by joining the Clean Air Coalition, a part of UCD Student Health and Wellness, or Saving Lungs Saving Lives, an internship opportunity from Yolo County Department of Health Services.



SAVING
LUNGS
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