

**San Jose State University
Smoking Policy Survey**

You are invited to take part in a survey to express your views and behavior related to tobacco and secondhand smoke. Your completion of this survey indicates your willingness to participate. Please do not write any information that can identify you.

Upon completion of the survey, SJSU students can elect to enter into a drawing for a Target or Amazon.com gift card by entering your email at the end of this survey. Please note, your email will not be associated with your survey response.

An overall summary of survey results will be made available and shared with the campus in November (see: www.sjsu.edu/wellness). If you have any questions about this survey at any time, please contact coughsjsu@gmail.com. Thank you in advance for your participating in this survey.

Please respond by marking the box of each statement with a ✓ or an X.

Basic Information

1. Status (primary): ☐ Student ☐ Staff ☐ Faculty ☐ Administration ☐ Visitor
2. Your gender: ☐ Female ☐ Male ☐ _____
3. Your age: ☐ Under 18 ☐ 18-19 ☐ 20-24 ☐ 25-29
 ☐ 30-39 ☐ 40-49 ☐ 50-59 ☐ 60 and over

Secondhand Smoke

4. Secondhand smoke is smoke from someone else's cigarette, cigar or pipe that you breathe. Reflecting on the current semester, how often would you say you are exposed to secondhand smoke on campus?
- ☐ Multiple times a day
☐ Every day
☐ A few times a week
☐ A few times a month
☐ Never
5. Would you say secondhand smoke on campus typically bothers you a lot, a little, not at all?
- ☐ A lot ☐ A little ☐ Not at all
6. Do you have an allergy/sensitivity (e.g., asthma, sneezing, watery eyes, etc.) that is triggered by exposure to either indoor and/or outdoor tobacco smoke?
- ☐ Yes ☐ No
7. Are you aware that SJSU has a smoke-free policy that prohibits smoking within 25-ft. of buildings?
- ☐ Yes ☐ No
8. In your opinion, the current smoke-free policy at SJSU is:
- ☐ Very effective ☐ Somewhat effective ☐ Not effective/ineffective
9. Would you support SJSU becoming a "smoke-free campus with the exception of designated areas?"
- ☐ Support ☐ Neutral ☐ No support
10. Would you support SJSU becoming a "100% smoke-free campus?"
- ☐ Support ☐ Neutral ☐ No support

11. Additional comments (optional):

Tobacco Use

12. During the past 30 days, on how many days did you use:

	0 days	1-2	3-5	6-9	10-19	20-29	All 30 days
Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cigars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Smokeless Tobacco (e.g., chew)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pipes (e.g., hookah)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If you have not used tobacco in the last 30 days, please skip to question 18							

13. If you smoke, do you smoke on campus? ☐ Yes ☐ No (if no, skip to question 18)

14. If yes, **where** do you usually smoke on campus? (check all that apply)

- ☐ Walkways ☐ Parking lots/structures ☐ Outside buildings ☐ Outside on-campus housing
☐ Other: _____

15. In the past 12 months, have you stopped using tobacco for 1 day or longer because you were trying to quit?

- ☐ Yes ☐ No

16. If yes, how many times in the past 12 months did you quit using tobacco?

- ☐ 1 ☐ 2 ☐ 3 or more

17. If you are interested in quitting tobacco, what methods would you be interested in trying?

- ☐ Group counseling ☐ One-on-one counseling ☐ Phone counseling
☐ Online ☐ Quit kits ☐ Nicotine replacement therapies (e.g., the patch, gum, etc) ☐ Cold turkey
☐ Other: _____

18. Additional comments (optional):

19. Your time and thoughtful answers are appreciated. If you are an SJSU student and would like to be entered into a drawing for a Target or Amazon.com gift card, please complete the form attached to this survey. Tear off the form and submit it separate from the survey.

Thank you for taking the time to complete this survey!

SJSU students: If you would like help to quit using tobacco, please call [\(408\) 924-6122](tel:4089246122) to make a free and confidential appointment at the Student Health Center. **Additional resources for anyone:** 1-800-NO-BUTTS or Breathe CA at [\(408\) 998-5865](tel:4089985865).